

General Mills **Whole Grain Guaranteed**

Nutrition Highlights
 Calories 120 Total Fat 3% Sodium 8% Total Carb 11% Dietary Fiber 1% Protein 1g

Simply Nutritious **Honey Nut**
 NATURALLY FLAVORED
Chex
 With a Touch of Honey

NOW! GLUTEN FREE
 SAME GREAT TASTE!

NET WT 13.8 OZ (391g)

Sweetened Oven Toasted Corn Cereal with real honey and natural almond flavoring

Nutrition Facts
 Serving Size 1 Packet (45g)
 Servings Per Container 2

Amount Per Serving	
Calories 120	
Calories from Fat 15	
% Daily Value*	
Total Fat 3g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	8%
Total Carb 11g	11%
Dietary Fiber 1g	18%
Sugars 1g	
Protein 1g	

*Percent Daily Values are based on a diet of other people's misdeeds.

INGREDIENTS: Organic Puffed Whole Grain Blend (Oats, Rice, Barley, Wheat), Organic Whole Grain Puffed Oats, Organic Sugar, Organic Flavors (Vanillin, Organic Vanilla), Organic Maple Syrup, Organic Malt Flavored Natural Flavor, Sea Salt, Organic Quin Quin, Organic Cholesterol, Organic Coconut Oil.

General Mills **Whole Grain Guaranteed**

Nutrition Highlights
 Calories 120 Total Fat 3% Sodium 8% Total Carb 11% Dietary Fiber 1% Protein 1g

Simply Nutritious **Honey Nut**
 NATURALLY FLAVORED
Chex
 With a Touch of Honey

NOW! GLUTEN FREE
 SAME GREAT TASTE!

NET WT 13.8 OZ (391g)

Sweetened Oven Toasted Corn Cereal with real honey and natural almond flavoring

General Mills **With Whole Grain First Ingredient** **NEW!**

Simply Nutritious **Vanilla**
 Flavored with other natural flavors
Chex
 with Natural Vanilla Flavor

GLUTEN FREE
 SAME GREAT TASTE!

no artificial flavors or colors!

NET WT 13.5 OZ (382g)

Sweetened Rice Cereal With Vanilla Flavor And Other Natural Flavors

Nutrition Facts
 Serving Size 1 Packet (45g)
 Servings Per Container 2

Amount Per Serving	
Calories 120	
Calories from Fat 15	
% Daily Value*	
Total Fat 3g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	8%
Total Carb 11g	11%
Dietary Fiber 1g	18%
Sugars 1g	
Protein 1g	

*Percent Daily Values are based on a diet of other people's misdeeds.

INGREDIENTS: Organic Puffed Whole Grain Blend (Oats, Rice, Barley, Wheat), Organic Whole Grain Puffed Oats, Organic Sugar, Organic Flavors (Vanillin, Organic Vanilla), Organic Maple Syrup, Organic Malt Flavored Natural Flavor, Sea Salt, Organic Quin Quin, Organic Cholesterol, Organic Coconut Oil.

General Mills **With Whole Grain First Ingredient** **NEW!**

Simply Nutritious **Vanilla**
 Flavored with other natural flavors
Chex
 with Natural Vanilla Flavor

GLUTEN FREE
 SAME GREAT TASTE!

no artificial flavors or colors!

NET WT 13.5 OZ (382g)

Sweetened Rice Cereal With Vanilla Flavor And Other Natural Flavors